



**Falls Prevention Coalition  
RAC Offices Arlington TX  
July 27, 2017 1:30 pm**

**Chair: Courtney Edwards (courtney.edwards@phhs.org)**

**Mission: The mission of NCTTRAC Fall Prevention Coalition Workgroup is reducing injuries sustained from older adult falls through education, partnerships and policy.**

**Objectives:**

- To assess the burden of injuries from older adult falls and communicate information for the purpose of action. (Action)
- To promote evidence-based prevention interventions for at-risk populations. (EBP)
- To coordinate and collaborate with partners in building program infrastructure. (Infrastructure)
- To encourage the adoption of policies and programs that lead to the prevention of older adult falls. (Policy & Programs)
- To provide technical support and training. (Training)

**1. Welcome!**

**Attendees: Courtney Edwards (chair), Karen Mynar (co-chair), Cathy McNeill (THFW), Renee Feemster (THS), Amanda Robbins (FWSCC / THFW), Kimberly Moore (THFW), Jinnifer Gauerke (MCP Plano), Tiffany Lyles (MMMC), Adam Walthall (MC Denton), Annabel Luna (JPS), Joni Belz (THAM), Carol Loe (MCP Plano), Lynn Kubic (MCP Plano), Ashlee Britting (UNTHSC), Paulette Golden (BSW Grapevine), Cynthia Franklin (Tarrant County Public Health)**

**2. Falls Prevention Coalition: First meeting May 25, 2017 at 1:30**

**Minutes Reviewed**

**3. Showcasing our Best!**

**SAIL – Stay Active and Independent for Life**

**Presented by Adam Walthall of MC Denton. Reviewed details surrounding the SAIL (Stay Active and Independent for Life) program details and provided information guide. Discussion involved overview of the program, how the program was implemented at MC Denton, and success of the program. Comparison of SAIL with evidence based fall prevention programs (eg MOB, Stepping On, Tai chi, Tai Ji Quan) provided.**

***The vision of the Falls Prevention Coalition is that Texans, 65 years and older, sustain fewer fall-related injuries, maximizing independence and quality of life.***



**Injury Prevention Public Education Committee  
RAC Offices Arlington TX  
July 6, 2016 100 pm**

**4. Karen Mynar – BIR ThinkFirst Training planning**

**Presented by Karen Mynar of BSW Dallas. Reviewed details surround the ThinkFirst program. Discussion involved overview of the program, how the program is to be implemented at BSW Dallas, educational content covered.**

**5. NCTTRAC Website Development**

**6. UPDATE: Dallas County Senior Affairs Commission**

The Senior Affairs Commission is a 15-member advisory board appointed by the Mayor and City Council. The functions of the Commission are to:

- Recommend the role of the City and the Commission in ensuring the provision of services to the elderly;
- Advise the City Council as requested on elderly issues;
- Provide access for citizens' comments on elderly issues
- Assist the City in the identification of programs for the elderly that are needed in the community; and
- Perform other duties assigned by the City Council

**Minutes of May 15<sup>th</sup> Dallas County Senior Affairs Commission provided during meeting.**

**7. Open Items**

**Resources provided by attendees:**

- **Fall Prevention & Home Safety flyer for home safety evaluation with Fort Worth Fire Department**
- **Matter of Balance Schedule of Classes for Tarrant County**
- **Matter of Balance Volunteer Coach Training program registration provided by Tarrant County Public Health**
- **Fort Worth Safe Communities Coalition June 2017 Monthly Snapshot**
- **Journal Article Review: Effect of Home Modification Intervention on the Participation of Community-Dwelling Adults with Health Conditions: A Systematic Review**

**NEXT MEETING: SEPTEMBER 28, 2018 at 13:30**

**\* action item**

***The mission of the North Central Texas Trauma Regional Advisory Council is to support and improve all emergency healthcare through prevention, education, advocacy, research, preparedness, and response.***