



# ***Emotional Trauma Life Support™***

***Grief and Trauma Support for Responders***

*An innovative class in emotional trauma  
from both responder & survivor/patient  
perspectives.*

*By responders, for responders.*

**September 27-28, 2018 0800-1700**

NCTTRAC offices

600 Six Flags Drive, Arlington TX 76011

***Breakfast, Lunch, & Snacks provided***



Serial LLC

## **Day 1 (8 HOURS)**

- \* Module 1: ETLSTM Intro (1 hour)
- \* Module 2: Responder mental health (7 hours)
  - Stress pathophys/disorders
  - Trauma pathophys/disorders
  - Treatment & mental health professional options
  - Suicide prevention & how to help a colleague in crisis
  - Prevention & resilience

## **Day 2 (8 HOURS)**

- \* Module 3: grief support/death notifications (6.5 hours)
- \* Module 4: special ops (1.5 hours)
  - Pediatric death: differences for responders, survivors
  - Hospice, DNRs, dealing with dying patients
  - Violent death (homicides/suicides) & crime scenes