

# Disaster Preparedness Resources for LTC Facilities

## National Resources:

1. US Department of Labor: Overview of Emergency Preparedness circumstances and responses to take:  
<https://www.osha.gov/SLTC/emergencypreparedness/>
2. Etools from the US Department of Labor:  
<https://www.osha.gov/etools>
3. Evacuation Plans and Procedures Step-by-Step US Department of Labor:  
<https://www.osha.gov/SLTC/etools/evacuation/index.html>
4. Emergency Response Resources: Centers for Disease Control  
<https://www.cdc.gov/niosh/topics/emres/business.html>
5. Emergency Response Planning: 10 Steps for Developing the Emergency Response Plan  
<https://www.ready.gov/business/implementation/emergency>
6. Natural Disasters: US Department of Environmental Protection Agency  
<https://www.epa.gov/natural-disasters>  
Snow and ice:  
- <https://www.epa.gov/natural-disasters/snow-and-ice>
7. Texas Severe Weather Storm: US Department of Homeland Security: FEMA  
<https://www.fema.gov/disaster/4586>
8. Online FEMA training courses  
<http://training.fema.gov/IS/crslist.asp>  
- Register for FEMA student identification number: <https://cdp.dhs.gov/femasid/register>
9. Emergency Preparedness and Response Operations:  
<https://www.cms.gov/About-CMS/Agency-Information/Emergency/EPRO/EPRO-Home>

## State Resources:

1. Emergency Preparedness Guidance for Nursing Homes (March 2020)  
<https://hhs.texas.gov/sites/default/files/documents/doing-business-with-hhs/providers/long-term-care/nf/emergency-preparedness-guidance-for-NFs.pdf>
2. CMS response to weather storm in Texas (February 2021)  
<https://www.cms.gov/newsroom/press-releases/cms-offers-comprehensive-support-state-texas-combat-winter-storm>

### Helpful links within the press release:

- Emergency Preparedness Rule (summary and resources):  
<https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertEmergPrep/Emergency-Prep-Rule>
  - Templates and Checklists for EP:  
<https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertEmergPrep/Templates-Checklists>
  - Emergency Preparedness Requirements (webinar):  
<https://qsep.cms.gov/welcome.aspx>
  - Toolkit for State Medicaid agencies:  
<https://www.medicaid.gov/resources-for-states/disaster-response-toolkit/index.html>
  - Emergency Preparedness Manual for Providers:  
[https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap\\_z\\_emergprep.pdf](https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap_z_emergprep.pdf)
3. LTC Regulatory Provider Letter: LTCR Waivers During Severe Winter Weather (February 2021)  
<https://apps.hhs.texas.gov/providers/communications/2021/letters/PL2021-06.pdf>
  4. LTC Regulatory Provider Letter: Emergency Preparedness Reminder (May 2019)  
<https://apps.hhs.texas.gov/providers/communications/2018/letters/PL2018-19.pdf>

5. LTC Provider Resources During an Emergency (February 2021)  
<https://hhs.texas.gov/about-hhs/communications-events/news/2021/02/ltc-provider-resources-during-emergency>

Helpful contact sources from the news release:

- a) LTCR Regional Office:  
<https://hhs.texas.gov/about-hhs/find-us/long-term-care-regulatory-regional-contact-numbers>
    - o LTC Regulatory Regions Map:  
<https://hhs.texas.gov/sites/default/files/documents/about-hhs/hhs-ltcr-regional-map.pdf>
  - b) Regional Advisory Council:  
<https://www.dshs.texas.gov/emstraumasystems/etrarac.shtm#top>
  - c) Local power company
  - d) Texas Department of Emergency Management:  
<https://tdem.texas.gov/field-response/>
  - e) Information regarding emergency preparedness:  
512-438-3161 or [PolicyRulesTraining@hhsc.state.tx.us](mailto:PolicyRulesTraining@hhsc.state.tx.us)
6. LTC Provider Web-based Training:  
<https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/resources/long-term-care-provider-web-based-training>
  7. Impacts from February Winter Storms: Survey  
<https://hhs.texas.gov/about-hhs/communications-events/news/2021/02/impacts-february-winter-storms>

### **Step-by-step developing an Emergency Preparedness Plan:**

1. Emergency Preparedness Overview:  
<https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/resources/regulatory-services-facility-surveyorsliaisons/emergency-preparedness>
  - a. Core Function 1: <https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/resources/regulatory-services-facility-surveyorsliaisons/emergency-preparedness/core-function-one-direction-control>
  - b. Core Function 2: <https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/resources/regulatory-services-facility-surveyorsliaisons/emergency-preparedness/core-function-two-warning>
  - c. Core Function 3: <https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/resources/regulatory-services-facility-surveyorsliaisons/emergency-preparedness/core-function-three-communication>

- d. Core Function 4: <https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/resources/regulatory-services-facility-surveyorsliaisons/emergency-preparedness/core-function-four-sheltering-arrangements>
  - e. Core Function 5: <https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/resources/regulatory-services-facility-surveyorsliaisons/emergency-preparedness/core-function-five-evacuation>
  - f. Core Function 6: <https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/resources/regulatory-services-facility-surveyorsliaisons/emergency-preparedness/core-function-six-transportation>
  - g. Core Function 7: <https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/resources/regulatory-services-facility-surveyorsliaisons/emergency-preparedness/core-function-seven-health-medical-needs>
  - h. Core Function 8: <https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/resources/regulatory-services-facility-surveyorsliaisons/emergency-preparedness/core-function-eight-resource-management>
2. Letters to Providers with New Emergency Preparedness Rules:  
<https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/resources/regulatory-services-facility-surveyorsliaisons/emergency-preparedness/letters-providers-new-emergency-preparedness-rules>
- a. One thing to note is that some of the embedded provider letters no longer exist under that name when clicked on.
3. Minimum TAC Requirements for Written Disaster Plans:  
<https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/resources/regulatory-services-facility-surveyorsliaisons/emergency-preparedness/minimum-tac-requirements-written-disaster-plans>
- a. One thing to note is the date of this information may be updated or replaced with newer practices, but the general guidelines are still helpful.
4. What Disasters Might Affect Your Facility or Agency:  
<https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/resources/regulatory-services-facility-surveyorsliaisons/emergency-preparedness/minimum-tac-requirements-written-disaster-plans>
- a. Links:  
<https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/resources/regulatory-services-facility-surveyorsliaisons/links>
  - b. Required Postings:  
<https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/resources/regulatory-services-facility-surveyorsliaisons/required-postings>

- c. Trainings: <https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/resources/regulatory-services-facility-surveyorsliaisons/joint-training>